

# European Association of Music and Imagery

# General Assembly, September 20<sup>th</sup>, 2024 EAMI IV Conference (Dobbiaco, Italy)

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### EAMI GENERAL ASSEMBLY September 20th, 2024, Dobbiaco, Italy

#### AGENDA

- 1. Choosing vote counters
- 2. Presentation and approval of the chair of the general assembly
- 3. Determination of quorum
- 4. Chairman's report
- 5. Treasurer's report
- 6. Reports from the committees
- 7. Consideration of proposals received
- 8. Budget approval
- 9. Election of board members
- 10. Presentation and approval of auditors
- 11. Any other business

## Minutes of the general assembly Friday September 20th, 2024

#### Present: 53 members who were eligible to vote.

#### 1. Choosing vote counters

Sophia Baader as our office secretary was approved as vote counter, administering the Opa Vote setup, if needed.

#### 2. Presentation and approval of the chair of the general assembly

Svein Fuglestad was approved as chair of the meeting.

#### 3. Determination of quorum

The meeting was determined to be quorate.

#### 4. Chairman's report

Carmen Angulo shared the Chairman's report. There are currently 130 members ranged over 27 countries. The board will continue to communicate with members via the monthly 3<sup>rd</sup> Friday Current Events email, 3 newsletters per annum and online members' meetings six-monthly in between conferences. All documents have been updated. The full report will be available to members via the website and sent by email.

Honorary Memberships was awarded to Margaretha Wärja, Leslie Bunt and Torben Moe in honour of the work they had done developing a structure for EAMI

#### 5. Treasurer's report

Steen Theis Lund, Treasurer, presented the report. The Association is financially stable currently. The report was approved with the proviso that it will be passed by the auditors as the auditors had not received it in advance of the general assembly.

#### 6. Reports from the committees

The Education committee needs new members. Isabelle Frohne-Hagemann reported that MI-Standards and guidelines are on website now, and everyone should take time to look at them. The new focus for the committee is Supervision for GIM trainers and GIM therapists

Ethics committee: Anna Böhming, JoJo Lander and Inge Nygaard-Pedersen have updated the Code of Ethics (2023) and the Standards of Practice (2024). As with all our documents they are available on the website. Members were encouraged to read them.

Members encouraged to be aware of GDPR rules in her/ his own country

Speaking about those confusing emails, which have been sent to some members: they have nothing to do with AMI or EAMI

If these emails upset somebody, those can turn to the ethics committee or Chair of the Board.

#### 7. Consideration of proposals received

Voting on the proposed motion (see below) was deferred to a future date. Further information is required as unexpected costs could arise from a small change in the title.

#### 8. Budget approval

The budget was approved.

#### 9. Election of board members

There was no election.

Barbara Zanchi, Catherine O'Leary, Evangelia Papanikolaou, Steen Theis, Maria Samara and Anita Forsblom will continue on the Board.

#### 10. Presentation and approval of auditors

The same auditors were approved - Torben Moe and Alexander Hoberman

#### 11. Any other business

Carmen Angulo retired from the Board. She was thanked for her excellent work as Chair.

There was a proposal to have subsections of EAMI for groups with specific interest areas to facilitate discussion. No further discussion.

Carmen Angulo thanked the organising committee and scientific committee for their work on this excellent conference.

#### Proposal for the general assembly 2024.

The EAMI board proposes to change the name of the Association, replacing 'of' with 'for'. The current name of the Association is 'The European Association of Music and Imagery'. The proposed name is 'The European Association for Music and Imagery'. The reason for the change is to harmonise with our colleagues in AMI, (the Association for Music and Imagery).

We would like this proposal to be discussed at the general assembly as in many European languages other than English, 'of' (de, del, .... etc.) may be more correct than 'for'.

# **Report from the Education Committee**

Hello everybody, here at the meeting of the General Assembly in 2024! I am Isabelle Frohne-Hagemann and chair of the Education Committee and as you can see: I stand here alone before you.

Unfortunately, none of my dear committee colleagues, Ian Leslie, Marilena Smyrnoti and Bolette Beck, were able to be present and I even do not know whether they are online right now, because for us here it is not possible to see online participants on the screen. Anyway, please receive Ian's, Marilena's and Bolette's warmest greetings.

For the last years, my three colleagues and I as the chair have intensively worked for the EC Committee, especially on the revisions of the Training Standards and other important documents. And we did a good job. However, at this point the three colleagues feel it is time to resign from the EC giving the chance to develop standards and ideas for accreditation of new trainings further to new members of the EC.

I want to thank all three very, very much for their warm and always very constructive contributions for the EC's work. It was a pleasure for me to have such wonderful colleagues. For myself I am very happy to finally be back in presence at this conference, as I could not attend the last 2 conferences due to that fact that I cared for my husband and could not leave him alone. Last May he passed away and although I feel very sad and vulnerable I intend to take up my own life again and of course my engagement for EAMI and he EC.

I now would like to inform you about the EC's work after we had finished the revision of the BMGIM Training Standards and rules on how to become an EAMI accredited BMGIM Therapist (or Trainer).

We concentrated more on the theme of MI. In fact, we became much more aware of the importance of MI and its numerous possibilities and adaptations. And mind: The implication of the names of our associations, namely *Association of (or for) Music and Imagery* is, that EAMI and AMI are an umbrella for a wide range of possible ways to work with music and imagery.

Helen herself had already integrated various MI techniques into her Bonny Method. Since then, many MI techniques have been developed for special needs, special clients and special clinical or other themes. Some of them have even been developed as a method.

## We discussed

1. If our association is meant to be an umbrella for many MI techniques and some methods, does this imply BMGIM is only one of them, however, with its focus on personal growth better described and evaluated than all other MI methods?

# 2. Are *MI* modifications and adaptations *BMGIM* <u>techniques</u> that should be integrated into the *BMGIM Training Standards*?

3. Which adaptations of GIM have been developed as *MI <u>methods</u>* and can be regarded as independent and stand-alone trainings with their own characteristics?

We were aware of the problems and discussed whether to develop Standards for MI trainings. We thought that at any rate MI techniques as modifications of BMGIM need better descriptions to be integrated as teaching material into the *BMGIM Training Standards* (a future task for the trainers).

But we also realized that in general MI techniques are so diverse that it made sense (for the moment) only to formulate general *guidelines* giving some orientation and more transparency.

However, we also decided to sort out the different intentions of MI *methods*, their characteristics and specializations and so we focused on existing MI Methods designed for distinct specializations e.g.

- *"Music Breathing"* (Dag Körlin/Evi)
- *"Korte Musik Reiser"*, a MI method that concentrates on the taxonomy of different levels of music choice (Margareta Wärja)
- *"Music and Imagery for health"*, Training for music therapists, psychologists and other professions in Health Care (Torben Moe)
- *Resource-oriented Music Imagination*: Work with severely ill patients in the clinical context, Listening as a prerequisite (Frohne-Hagemann and IMIT-team).
- "The Continuous model (Lisa Summer)
- *"Music and Care" (*Evangelia Papanikolaou)
- Engaged Music listening with guided breathwork and relaxation", holistic employing mindfulness technique in conjunction with guided breathwork and yoga (lan Leslie)

We regarded these *methods* and their techniques as important preparations for a potential later BMGIM work, but also as independent and stand- alone methods using music and imagery for different clientele and different purposes. As the mentioned MI programs were well (or for the moment well enough) described by their designers we endorsed and accredited them. And we hoped that other programs will be described and systematized in order to be endorsed. Of course the first ones have a "grandfather bonus", but the higher the demands for qualified programs become, the bonus of accreditation of MI methods will not last forever.

Those who finish such an accredited MI program can apply for accreditation as an EAMI accredited MI therapist for the method they learned, e.g. KMR or Music Breathing, etc. So, nobody becomes just an MI therapist. The accredited one is always an *MI therapist for a certain MI method*.

You can read about all that in the EAMI website. Let us have a short look on the members' area of the website (Screen).

I will show you where you can find the necessary information for applying for accreditation of a new MI method and your accreditation as an MI therapist for the method.

We really want to encourage you to apply to become an EAMI accredited BMGIM therapist or an MI therapist for one of the accredited MI methods you have learned. It is always an advantage to be able to present an official acknowledging as a qualified BMGIM and/or MI therapist for a special method of an international association, especially if you need it for professional purposes.

When we finished this task with MI we considered to reactivate an - unfortunately unsuccessful attempt some years ago - old task and this was to start again a discussion about *supervision* and how to plan supervision as offers for professional development. So now we reactivated qualified supervisors like Esperanza Torres, Leslie Bunt, Torben Moe and (new) Petra Jerling and they formed a sub-group for supervision in the new EC and will work out what is possible.

## EAMI EC: Supervision sup-group

Agenda: Questions to be discussed in Italy

Purpose / function / tasks of the Supervision -subgroup:

- An advisory group who offers supervision and supervision advises on different levels to students, practitioners, supervisors and trainers. The advises could eg. include literature lists concerning GIM supervision and supervision models and checklists supervisors can use in specific supervision situations with client or trainees.
- Set up guidelines / preferred competencies as a help to function well as a GIM supervisor.
- Set up an education program to become a GIM-Supervisor approved by EAMI.
- (This could be a part of the ongoing training for practitioners.)
- Guidelines to trainers concerning the balance of internal and external supervisors in a respective training program, to have a kind of equal conditions between training programs in Europe.

The new EC with Esperanza, Meri Rizzi, Petra Jerling and myself will soon take up its work. Probably I will stay as chair, but this can still be discussed.

On behalf of the now former EC members Ian, Marilena and Bolette Thank you for listening.

Isabelle Frohne-Hagemann chair

# **Report of the EtC**

The EAMI General Assembly in Italy 2024 has seen significant progress from the Ethics Committee: we have completed extensive work on updating the EAMI Code of Ethics and Standards of Practice. During the assembly, examples from the updated document had been showcased. The committee has also focused on online working, updating language use, terminology, gender pronouns, and GDPR compliance. Members are encouraged to refer to the documents available on the EAMI website.

In collaboration with the EAMI Training Committee we also updated the Training Standards.

The Grievance Procedure requires more consultation and thought. The current document's content raises questions about its realism, relevance, and necessity. The current style of writing is highly legalised for an association which carries no legal jurisdiction or authority.

We recommend that a new document be created which lists resources and procedures for attending to grievances, signposting to legislation and procedures in each region. For instance in the UK the registrative body for music therapists is the Health and Care Professions Council who hold the authority to assess qualifications, capacities and ethical conduct of practitioners in the UK.

The facts of the matter are that according to EU and International law, we as an association, are limited with regards to the implementation of any grievance procedures. And we are also bound by EU GDPR legislation. Our Association, as any Association is not permitted to respond or address factually incorrect accusations by re-circulating private materials through unsolicited emails.

The role of the Association and serving officers is to advise and oversee supervision, consider professional status, re-training, ultimately redacting membership or primary trainer status if needed.

It must be emphasised that all members and generally professionals do have a duty to highlight concerns or potential infringements to the relevant authorities and governing bodies in clinical work environments, across different countries.

We are bound by EU law to report any known or suspected infringements breaches of GDPR legislation.

Furthermore, serving officers may consider extending their existing Public Liability Insurance to cover any retrospective investigations or court summons during their period of active involvement.

Our Et committee's role is to listen, explore possibilities, and seek advice on behalf of our members.

Last but not least, a resurgence of unsolicited emails to the GIM Community undermining organisational standards was mentioned. The emails are from a source calling themselves Independent GIM Review. If any of our members has been affected or feel confused in any way and would like to speak with someone, please know you are welcome to contact a member of the EAMI Ethics Committee or the EAMI Board.

We would like to point out that we are urgently looking for two new members for the Ethics Committee, as Anna and Jojo will be stepping down from their positions. Please contact the board if you are interested.

We at the Ethics Committee wish all our members peaceful, colourful, contemplative holidays and a happy new year filled with health and creativity, lots of beautiful music and enriching encounters.

Anna Böhmig Jojo Lander Inge Nygaard Pedersen

#### Chairperson's report 2022-2024

Dobbiacco, 20th September 2024

I will begin my report to this general assembly, first of all, by the members, because they are the most essential part of any association that wants to stay alive.

We have increased the number since the last report in 2022, and a few departures have been reported, although some of them are listed as non-active due to non-payment. It is a source of joy that our association welcomes people from 27 countries, as I said yesterday at the round table. In this assembly, we only have 53 members who have registered to vote. It is unavoidable to register in advance and not assume that mere attendance gives the right to vote.

The Board has ensured that our communication channels run on time through the monthly Current Events and Newsletters.

As far as the website is concerned, it has improved in terms of information as all the documents necessary for accreditation, endorsement, or simply information are posted both in the members' area and, the most necessary ones, in free access. However, our website needs to be improved, and it would be helpful if anyone who detects any missing or inconsistent information would please let us know.

We have met 34 times in the last two years, usually every three weeks for 60 to 90 minutes.

In autumn 2022, we started to meet regularly with the AMI chairpersons to discuss issues we should solve together. These meetings have continued, and since spring, MIAA has joined. In Spain, we say 'el roce hace el cariño', that is: 'contact makes fondness', and we believe this is the beginning of a healthy action that will be sustained over time.

We have maintained contact with the Ethics and Education Committees when necessary, always respecting their independence.

Two annual open working meetings are being consolidated in the year when there is no Conference, and we in the Board think this should be the case. The modification of bylaws or the incorporation of new initiatives requires joint work and reflection. All the members who have participated so far have our recognition and we hope that more will join if their activities allow them to do so. The third Saturday in March and September could be the most desirable dates.

I did not want to be exhaustive, and I'm probably forgetting something, but I would like to make a request or a suggestion before I finish my report. There are two vacancies on the Board at the moment, and there may be a better time for many to contribute now, but it is important for everyone to think that they will have to add their two cents to the everyday purse sooner or later. Please let us know if you are willing to consider your participation and where you would like to contribute: to the Board, committees, or both.

Thank you for your attention and support; it has been a privilege to serve our community. Be well.

Carmen Angulo Sánchez-Prieto EAMI Chair 2022-2024 Biennial report 2022-2023 European Association of Music and Imagery – (EAMI) c/o. Steen Theis Lund Meyer Smedegårdsvej 3E 4070 Kirke Hyllinge

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#### Chairman's Report 2022-2023

including statements relevant for the Financial Report 01-01-2022-31-12-2023

The number of members has increased and so has the number of countries participating in our association. They are 27 countries and 130 members. There have been a small number of non-renewals.

The Education Committee continues to accredit therapists and review training standards and training requirements for new trainers, collaborating with the board as required. By June 2024, will be finished all the necessary updates for the website regarding the various blocks: how to become a BMGIM trainer, a BMGIM student and an accredited BMGIM Training Program. New Trainers are accredited, The Training Standards were revised as well the fellow and students' declaration. They have started work with MI methods, offering general information, guidelines and orientation from the trainers.

The Ethics Committee has revised and finished the standards of practice.

The Board proposed two member's meetings between Conferences, in March and September 2023 to work on an umbrella term to cover BMGIM and MI methods. Meetings have been held to discuss whole affairs, organisation, editing of regular communications with members, taking decisions on papers submitted for consultation by the Ethics and Education Committees respectively as well to support the organisation of the September 2024 Conference in Italy.

The board has made every effort to expand the mechanisms for communication and transparency of its management to all members. Thus, in that period, it held 34 regular meetings online between the 3<sup>rd</sup> October 2022 and September, 9. 2022. In addition, meetings were held with other members, the Education Committee and the Ethics Committee. After January 2023, the Chairperson and other officer have met with the Association for Music and Imagery (AMI) on a regular basis. On July 2023 the board decided to send the chairperson to represent EAMI at the AMI Conference, partially covering travel expenses (flight ticket).

The implementation of the communication tool Telegram has been a good element for the solution of minor issues. Additionally, the use of the collaborative tool CryptPad has been consolidated as a joint tool as well as a form of secure archiving and instant access for management and consultation available to Board and Committee members. A periodic mail, as *Current Events* is sent monthly to the members at the 3<sup>rd</sup> Friday. We have continued to publish newsletters three times a year in Winter, Spring and Summer. Six issues have been published during this period.

The board's intentions for the coming year or years are to repeat the online meeting in the spring and Fall, open to all members who wish to participate; to continue the general information mailing to be sent out monthly, and to continue with the three newsletters already instituted to coincide with spring, summer and winter.

The website continues to provide content, information and all relevant documentation for the various accreditation processes. The ownership of the web hosting on the WIX platform has been acquired in an institutional account for a duration of two years, seeking the best cost effectiveness.

Resources have been allocated to pay for the work carried out by our office assistant, as well as other investments in digital management tools and space in the cloud.

Chair: Carmen Angulo

Treasurer:

r: Steen Theis L Meyer

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Vicechair: Barbara Z Member: Catherine Member: Evangelia

Barbara Zanchi Catherine O'leary Evangelia Papanikolau Secretary: Anita Forsblom Member: Maria Samara Member: Dikla Kerem

## Accounting statement

The annual report is based on information provided by the chair of the board, and prepared using generally accepted accounting practices. Our accountant during many years Peter Willumsen scaled down his working time and was not available to us any longer. In looking for a solution we discovered an accounting module available in the membership system for a reasonable price, where entries can be loaded easily or even automatically. We have recently started using this module and the accounting and financial report was carried out and prepared by the treasurer. Our internal auditors are kindly asked to audit the financial statement post the General Assembly (GA) presentation. Thus as an exception we ask that the financial statement is approved by the GA on the condition that it is also approved or resolved by the auditor afterwards. In the future it will be a lot easier to track the financial situation and prepare the statements due to the accounting module integrated with the members system.

The results from the years 2022 and 2023 reflect several periodic fluctuations. One is that when we are approaching the biennial conference and General Assembly, more members get up to date with their payments, thus it seems as if we are losing a few members in the year after the conference, and therefore reduced income. Another is that there usually is quite some preparations for the GA, which also involves our office assistant, and therefore the office expenses are higher in those years. At the last GA in 2022 I sounded a warning, that we were running low on financial resources. As a consequence our use of paid office assistance has been somewhat lower and today we are back at a level, where there is some room for unexpected expenses, as we have seen in the past. At the present moment we are 125 members up to date with payments, the highest number to date.

The budget for this year reflects that we for the first time have used a model where the cash flow related to the conference is handled by the EAMI. The reason is that it is increasingly difficult for a small group of organisers to create the financial structures necessary to handle this. In this process it was decided to open an Euro account to avoid surplus exchange fees by PayPal in connection with the conference payments. It will be a continuing project to evaluate and refine this model for future use and to accommodate this in the future accounting and financial statements. The current numbers are mainly reported in DKK, where one Euro equals 7.45 DKK.

I have made no audit of the report.

Kyndeløse, September 19, 2024

Steen Theis Lund Meyer Treasurer, EAMI

## Income statement

Designation (DKK unless noted otherwise)	2023	2022
YEARLY RESULTS		
Revenues		
Memberships	43.121	45.449
EAMI Conference	0	0
Total revenue	43.121	45.449
Expenses		
Office expenses	-19.344	-40.129
Conference expenses	-7.964	0
General Assembly	0	-8.500
Software, membership system	-5.135	-7.089
Fees and charges	-2.317	-1.806
Lawyer	0	-3.500
Accounting assistance	0	-3.375
Total expenses	-34.760	-64.399
Year's result	8.361	-18.950

# Balance pr. 31. December

B A L A N C E (DKK unless noted otherwise) ASSETS		
Wise DKK	774	774
Wise EUR	812	812
Danske Bank 9570 3385021976	16.535	6.708
Paypal	17.020	25.481
TOTAL ASSETS	35.141	33.775
LIABILITIES		
Equity January 1	26.781	45.730
Year's result	8.361	-18.950
Surplus, conference reserved for use 2022*	0	6.994
LIABILITIES TOTAL	35.141	33.775

\* Donations were received for the online conference 2020, that were then reserved and used for the conference in 2022, but they were paid in spring 2023

# Yearly results extracted from the accounting system

# EAMI – European Association of Music and Imagery

Annual accounts in DKK

Period:01/01-2022 - 31/12-2023

Acc. no.	Designation	2023	2022
1000	YEARLY RESULTS		
1001	Revenues		
1010	Memberships	43.121	45.449
1050	EAMI Conference	0	(
1390	Total revenue	43.121	45.44
1599			
1600	Expenses		
1610	Office expenses	-19.344	-40.12
1630	Conference expenses	-7.964	
1650	General Assembly	0	-8.50
1660	Software, membership system	-5.135	-7.08
1710	Fees and charges	-2.317	-1.80
1720	Lawyer	0	-3.50
1730	Accounting assistance	0	-3.37
1810	Total expenses	-34.760	-64.39
4998	Year's result	8.361	-18.95
4999			
5000	BALANCE		
5001	ASSETS		
6460	Wise DKK	774	77
6470	Wise EUR	812	81
6480	Danske Bank 9570 3385021976	16.535	6.70
6490	Paypal	17.020	25.48
6498	TOTAL ASSETS	35.141	33.77
6499			
6500	LIABILITIES		
6510	Equity January 1	-26.781	-45.73
6520	Year's result	-8.361	18.95
8040	Surplus, conference reserved for use 2022	0	-6.99
8050	Prepaid memberships	0	(
9000	Trade payables		
9010	Office expenses	0	
9020	Accounting assistance	0	(
9999	LIABILITIES TOTAL	-35.141	-33.77

Budget 2024-2025 European Association of Music and Imagery – (EAMI) c/o. Steen Theis Lund Meyer Smedegårdsvej 3E 4070 Kirke Hyllinge

# Budget

Designation (DKK unless noted otherwise)	2024	2025
YEARLY RESULTS		
Revenues		
Memberships	40.000	45.000
EAMI Conference	350.000	0
Total revenue	390.000	45.000
Expenses		
Office expenses	-25.000	-20.000
Conference expenses	-350.000	0
General Assembly	-10.000	0
Software, membership system	-15.000	-15.000
Fees and charges	-2.500	-3.000
Lawyer	0	0
Accounting assistance	0	0
Total expenses	-402.500	-38.000
Year's result	-12.500	7.000